Spiraling into debt: the rising price of a diploma

Featuring:
- One woman’s career search
- Exemplary alumni honored
- A history of tapping

Mortar Board National College Senior Honor Society
Scholars...Chosen for Leadership...United to Serve
Alumni honored for excellence
Mortar Board’s 2006 Alumni Achievement and Distinguished Alumni Award winners are introduced

Alumni updates
What’s going on with alumni chapters and members across the nation

Tapping: Mortar Board’s timeless ritual
A historic look at the rich tradition of tapping

The (Miss) American dream
Get to know the two Mortar Board members vying for Miss America’s crown

Kansas State members receive renowned awards
Three K-State alums have received some of the nation’s top honors in the past two academic years

Spiraling into debt: the rising cost of a diploma
Increasing tuition and inadequate grant opportunities are putting recent grads in debt

Mortar Board awards $28,000
The 2006 fellowship recipients are announced

Anatomy of a career path
Author Daria Snadowsky shares the ups and downs that led her to writing

Glamour girls
Three Mortar Board members are recognized in Glamour magazine’s “Top 10 College Women” list

On Campus
Mortar Board’s newest chapter is installed, numerous chapters win awards and others jump-start the year with great activities
The theme of this issue of The Mortar Board Forum has to do with new beginnings and new horizons. In thinking about what to write, and seeking to connect this essay with the theme, I remembered that “New Horizons” was the title of a reading book used when I was in elementary school. How appropriate that is, considering our national Mortar Board project of “Reading is Leading!” Many of our collegiate (and alumni) chapters throughout the United States are doing projects in the area of literacy and reading.

Each year, our Mortar Board collegiate chapters start fresh—with potentially 100 percent turnover. I don’t know of any other organization that gives students the opportunity and responsibility for the entire future of the group on that campus. New Mortar Board members are entrusted to take their chapter forward on its path, continuing to honor scholarship, show continued leadership and embark on service to the campus and community.

This year, Mortar Board as an organization will move forward on a new path with the upcoming retirement of our Executive Director, Diane Selby, after twenty years of service. Her successor will have the responsibility and opportunity to move Mortar Board forward as Diane seeks out her own new horizons and new beginnings. It is with tremendous gratitude the National Council and other volunteer leadership wish her only the best. She will undoubtedly continue to promote Mortar Board as she finishes her term in February 2007 as President of the Association of College Honor Societies (ACHS).

As National President of Mortar Board, Inc., I am privileged to serve as a trustee of the Mortar Board National Foundation. This fall, the Foundation met to discuss issues facing it and to plan for the future—in essence going through a process similar to that which our collegiate chapters face each spring. With a strategic plan and a new sense of drive, the Foundation’s new horizons look bright. When you receive mailings from the Foundation, I hope you will help the organization to continue in its mission to support the purposes of Mortar Board. As college costs continue to rise, the Foundation’s fellowship program continues to be in great demand by our members pursuing graduate study. The leadership initiatives and chapter project grants help our members and chapters to create opportunities for learning outside the classroom.

An organization with which I am affiliated asks the question, “What have you done for [organization name] today?” Mortar Board is always looking for ways to keep its alumni members connected—if you’re already connected through an alumni chapter or a collegiate chapter, please know that you are appreciated, and I hope you’ll continue. Each day holds a new opportunity to get (re)involved with Mortar Board, and to take advantage of all of the benefits reaped as we move toward our horizons. We have benefited from our association with Mortar Board from the time we joined until the present day. If you are not presently connected to Mortar Board in any way other than receiving this issue of The Mortar Board Forum, I hope you’ll make a new start with the Society—please know that your time and talents are valued in “passing the torch” to others. If there’s anything I can do to help you to put Mortar Board back into your path toward the horizon (whether it be via the active chapters, alumni chapters or the Foundation), please let me know!

William G. Niederer
National President, Mortar Board, Inc.
Alumni honored for excellence

More than 240,000 initiates span across the world with careers and interests that vary significantly, each holding a distinct set of talents and devotion that help Mortar Board to grow and expand every year.

To honor some of these remarkable alumni, an annual luncheon and awards ceremony was held at the national conference, where exceptional members were presented with either the Alumni Achievement Award or the Distinguished Lifetime Membership Award.

The Alumni Achievement Award honors members who are outstanding in their professional lives or who have contributed to their local, national and international communities. This year, Elizabeth Kelly, Brenda Peters and Mary Tolar were the exceptional alumni recognized.

The Distinguished Lifetime Membership Award is presented annually to Mortar Board alumni who have retained connections or contact with Mortar Board in either collegiate or alumni areas and have demonstrated outstanding community or campus service. At the 2006 national conference, recipients Elaine Barnum, Helen McBride and Janice Platt accepted this award.

Alumni Achievement Award Recipients

Elizabeth Kelly
Penn State, 1968
Atlanta, Georgia

Following her induction into the Penn State University chapter of Mortar Board in 1968, Elizabeth (Withers) Kelly devoted much of her professional career to non-profit management. She spent 22 years with United Way at both the local and national levels. Now, she has her own consulting business focusing on strengthening non-profit organizations in the areas of management, governance, program development, planning and community collaboration.

Kelly is a current member of Rotary, the community advisory board for the Junior League, AARP’s national nominating committee, the Community Foundation’s managing for excellence review panel and serves as board chair for Dress for Success Atlanta. She has also been named as the executive director of the newly formed Atlanta Police Foundation, whose mission is to make Atlanta the safest and most inviting city possible.

Kelly has a bachelor of science degree in individual and family studies from Penn State and a master’s in public administration and health planning from The Maxwell School at Syracuse University.

Brenda J. Peters
Texas Tech, 1973
Houston, Texas

Professionally, Brenda Peters currently holds the position of director of investor relations and assistant treasurer at Texas Eastern Products Pipeline Company (TEPPCO) Partners, L.P., where she is responsible for the partnership’s communication with the Wall Street investment community, supervision of investor tax reporting communication and oversight of certain treasury management activities. Peters previously held positions at Haskins & Sells, CPAs and Houston Natural Gas Corporation/Enron Corporation.

She currently serves on the boards for the Houston Symphony, Houston’s Youth Leadership Development Committee, the Texas Tech Alumni Association and the Ensemble Theatre. She was a charter member and vice president of the Atlanta Chapter of National Association of Black Accountants, and has volunteered for the boards of the Girl Scouts, Planned Parenthood of Houston and Sisters Network, Inc., among others.

Peters has a bachelor’s of business administration in accounting from Texas Tech and master’s in business administration from the University of Houston.

Mary Tolar
Kansas State, 1989
Manhattan, Kansas

Mary (Hale) Tolar has spent more than a dozen years in higher education administration, serving at five institutions in positions ranging from scholarship advisor to development officer. She currently serves as associate director of leadership studies and programs for civic leadership at Kansas State University.

Tolar also holds a seat on the Kansas Volunteer Commission, appointed by the governor, where she works with national service programs such as AmeriCorps and VISTA throughout the state.

Tolar has continued her devotion to Mortar Board by serving as keynote speaker for 2006 National Mortar Board Week sponsored by the XIX chapter at Kansas State speaking on “Educating Citizens, Building Communities.” Tolar is a Truman Scholar, a Rhodes Scholar, founding member of the National Association of Fellowships Advisors and co-author/editor of “The Lucky Few and the Worthy Many: Scholarships and the World’s Future Leaders.”
Elaine Barnum  
The Ohio State University,  
1948  
Columbus, Ohio

Elaine (Thomas) Barnum’s Mortar Board involvement spans more than 50 years, including collegiate membership, employment at the National Office for 18 years, as well as membership in the Columbus alumni chapter, where she held the offices of both president and membership chairman. Additionally, Barnum, among others, is responsible for establishing a scholarship program that now grants Ohio State University students more than $50,000 per year in the name of Mortar Board.

While studying international studies at OSU, Barnum served as president of the Women’s Self Government Association, was active in the campus YWCA and was a member of numerous honor societies, including Phi Beta Kappa in her junior year.

Barnum’s devotion to service went beyond her undergraduate experiences. Prior to the Motion Picture Association of America establishing movie ratings, local newspapers would list movie ratings she and the Interfaith Committee for Better Entertainment had rated. Barnum is incredibly active in her church and has served as an elder twice, as well as on numerous boards and committees, and is also an active member of the Clintonville Women’s Club and the Assistance League of Columbus.

Helen McBride  
University of Kentucky,  
1944  
Worthington, Ohio

Helen (Harrison) McBride has sought out Mortar Board wherever she has lived, including attendance at the 1973 Mortar Board conference as president and delegate for the Washington, D.C. alumni chapter. She currently serves as the publicity chair of the Columbus Mortar Board alumni chapter and has previously served as president. Additionally, her community service in the central Ohio area includes presidencies of Worthington Women’s Club, Church Women’s Organization, Scandinavian Club, the American Association of University Women and Republican Women.

As a student, McBride was active in many student organizations, including the Women’s Athletic Association, student union, YWCA and Alpha Lambda Delta. She was honored with the Most Outstanding Freshman Woman On Campus Award and the Algernon Sydney Sullivan Award for Outstanding Graduating Women.

Her life’s work took her from the deep south to Wisconsin, Missouri, Illinois and several times to Washington D.C. with the Department of State. As a part of her worldwide experiences in government service and the Peace Corps, McBride has served in Southeast Asia, Africa, Paris and Copenhagen.

Janice Platt  
Florida State University, 1957  
Tampa Bay, Florida

Janice (Kaminis) Platt has maintained her Mortar Board connections over the years, beginning as a collegiate member at Florida State, then later joining the Tampa Bay alumni chapter and founding the University of South Florida Mortar Board chapter.

As an undergraduate, Platt studied political science and was active in student government, serving as the student body vice president and president of the student senate. She has since served on the local city council and as county commissioner, a position that has made her one of the most recognized politicians in the Tampa Bay area.

Platt served as either chair or board member for hundreds of civic organizations, including the Tampa Bay History Center, Performing Arts Center, Arts Council, Florida Aquarium, the Future of the Region Committee for Tampa Bay Regional Planning Council, Transit Authority, County Youth Council, Regional Water Supply Authority, County Environmental Protection Commission, Drug Abuse Coordinating Organization, Board of Criminal Justice, Florida Council on Aging, Hospital Authority, Tampa Sports Authority, Friends of Girl Scouting, Friends of the Library Development Committee, Center for Ethics Advisory Board (University of Tampa) and the Florida Orchestra. As a result of her outstanding devotion and service, Platt recently had a regional library dedicated in her honor.

Do you know an outstanding alumnus?

Mortar Board and the Mortar Board National Foundation would love to hear about alumni who are models for collegiate members and are living illustrations of the meaning of Mortar Board. Alumni who demonstrate continued commitment to the ideals of scholarship, leadership and service should be nominated for an award.

Any Mortar Board alumnus, initiated as an undergraduate, who is currently neither a National Council member, a section coordinator, a Foundation trustee, nor an advisor to a collegiate chapter is eligible. Honorary members are eligible five years after the date of their initiation. Previous recipients are not eligible to receive another award.

Collegiate chapters, alumni chapters and individual members are all eligible to nominate by filling out the form on www.mortarboard.org or calling the National Office at 1-800-989-6266.
Honorary Member Updates

Maya Angelou, Mortar Board’s 2005 National Citation award winner, was awarded a prestigious Quill Award at the American Museum of Natural History in New York City in October. She was honored in the poetry category for “Amazing Peace: A Christmas Poem.”

Honorary member Dr. Herb Asher, a professor emeritus of political science at The Ohio State University, is considered a professional on Ohio politics. For the past 25 years, he has been teaching a course on campaign politics that requires students to spend time weekly volunteering on campaigns. The number of students who have participated recently exceeded 2,000.

The Ohio State University’s president, Karen A. Holbrook, was elected to the board of directors of Research!America, one of the nation’s largest not-for-profit public education and advocacy organizations. Dr. Holbrook was named an honorary member by The Ohio State University chapter in 2006.

Alumni News

Rachelle Younger, a 2004 initiate of the Ohio Northern University Aurora chapter, was one of only 27 pharmacy students nationwide to be awarded a scholarship from the National Community Pharmacists Association (NCPA). The NCPA, founded in 1898, represents the nation’s community pharmacists, including the owners of more than 24,000 pharmacies. It is a non-profit organization that provides educational and research support to pharmacy faculty, students and practitioners, and assists future pharmacists by providing scholarships and low-interest educational loans.

Ruthie Flores, a 1992 initiate of the Agathai chapter at the University of California - Los Angeles, was named an inaugural member of the 2006 LATINO OC 100. The LATINO OC 100 is an honor bestowed upon the best and most influential men and women that impact the Latino community in Orange County, California. Flores is communications manager for KMEX-TV Univision 34 and KFTR-TV Telefutura 46.

Susan (Richardson) Komives, an associate professor at the University of Maryland, was recently honored with multiple awards: the Contribution to Scholarship and Literature Award from the National Association of Student Personnel Administrators; the Contribution to Knowledge Award from ACPA-College Student Educators International; Outstanding Mentoring Award from the ACPA Committee on Graduate Students and New Professionals and the Excellence in Teaching Award by the University of Maryland College of Education. Komives was tapped in 1967 at Florida State University and later served as a section coordinator for Tennessee, Kentucky and Ohio, as well as a national conference keynote speaker in 1998.

Rosita Najmi, a 2003 initiate of the Tassels chapter at Wake Forest University and Allison Kreiger, a 2005 initiate of the Trianon chapter at the University of Florida were named as some of the “best and brightest” young female achievers in North America. Najmi and Kreiger were nominated for the Emerging Leaders International Femtor Award based on their outstanding leadership abilities, accomplishments and inspirational commitment to serving others. The women were recognized by eWomenNetwork as two of only 24 finalists.

What is going on in your life?

Mortar Board alumni are encouraged to keep in touch with the National Office, updating Mortar Board about all aspects of their lives.

Keep your address, career and other information up-to-date by calling 1-800-989-6266 or filling out the alumni change of address form on www.mortarboard.org.
Tapping: Mortar Board’s timeless ritual

Mortar Board’s tradition of tapping dates back further than the birth of the national organization, beginning as long ago as 1892, when the Der Hexenkreis chapter at Cornell University was founded as a secret society for women.

Then, new members were tapped in the middle of the night. Members were dressed entirely in black, complete with hoods covering all but their eyes, and surrounded the bed of a selected member. They awakened her by uttering a Latin invitation in unison, followed by initiation rites.

When Cornell joined to create Mortar Board with the other founding chapters, the University of Michigan, Swarthmore College and The Ohio State University, Cornell University’s rich tapping traditions passed on to the other chapters.

Each chapter had its own unique methods and adaptations, which have evolved greatly over the years. Ohio State continued the late-night method well into the 1950s, sending black-robed members by candlelight into the homes of oblivious candidates.

Many chapters passed physical items to new initiates as a part of their tapping ceremony. For instance, Florida State University’s members bore torches, presenting them to newly chosen members, while Northern Arizona University chose the less dangerous option of red roses.

Many chapters continued to hold their tapings in secret, while others opted for public places where all could see. Some were held during banquets or large meetings, while others were held during classes. Some schools, such as Indiana University, recognized their new members at both a secret and a public tapping.

Today, tapping ceremonies vary significantly from one campus to the next. Most chapters tap members at a public place among peers, while some chapters prefer a more personal notification. As recently as 1996, Cornell University still practiced a version of their traditional tapping ceremony, waking members sometime after midnight and taking them to a special meeting place for fellowship and a brief orientation.

Some of the most vivid memories alumni have are how they were tapped, illustrating how this meaningful tradition has shaped a century of members, and will continue to create profound memories for many years to come.

Help immortalize Mortar Board’s history

The first written history of Mortar Board is in the initial research stages, and once finalized, will tell the story of the organization as a whole. The hardcover book will feature the history of individual collegiate chapters, the national organization, alumni chapters and exemplary members.

The Historical Publication Committee is trying to get their hands on every bit of Mortar Board history they can find, from personal memoirs to reminiscent photos. Members can help by sharing any memories they have about their experiences or chapters with the committee. Please send any information you have to committee chair Martha Tykodi at:

4932 York Road SW, Pataskala, OH 43062
ttykodi@columbus.rr.com

Name the Book

The committee is now accepting suggestions for this commemorative book. Send any ideas to committee chair Martha Tykodi at the address listed above.

Information for this story was gathered from chapter research performed by the Historical Publication Committee and the Cornell University chapter history, “A History of Der Hexenkreis,” written by Jessica R. Cattelino.
The (Miss) American dream

In January, 52 exceptional young women will boast their class and intellect while vying for one of the nation's most well-known titles: Miss America. Among the promising women who hope to wear the crown are Mortar Board initiates Allison Kreiger, a 2006 University of Florida graduate and Callee Bauman, a senior at South Dakota State University.

Since its 1921 establishment, the Miss America program has gained a significant place in American culture as an outlet for women to promote their voices in culture, politics and the community.

Miss Florida - Allison Kreiger

Getting Hooked
This 23-year-old philanthropist wholeheartedly devoted herself to the University of Florida community as a committed athlete, student government leader and scholar. Kreiger dreamed of representing her school, and was able to do just that after being named Miss University of Florida.

Kreiger immediately fell in love with the world of pageantry. “After my first pageant, I couldn’t help but do it again, again and again. I loved the performance aspect and being on stage,” she explained. “I always wanted to be Miss America. I think a lot of kids had that goal and aspiration. It was a dream, and that is how it started for me.”

Another selling point about being involved in the Miss America Organization was the opportunity to win scholarship funds. With the five titles she has been awarded since 2002, Kreiger has earned approximately $36,000 in scholarships, enough to cover her undergraduate education.

Giving H.O.P.E.
Close to Kreiger’s heart is the organization she founded and heads – H.O.P.E. – Helping Other People Eat. A survivor of a terrifying bout with an eating disorder, Kreiger developed the organization after her recovery to focus on the prevention and awareness of such eating disorders. Since its inception, it has expanded its scope not only to inform, but also to help provide financial assistance for young women needing treatment to recover.

Kreiger also hopes to make a career of helping people with eating disorders by later obtaining her master’s degree in mental health counseling. “I want to be certified as an eating disorder specialist, because I feel like I have a lot to contribute to the eating disorder community,” she explained. Kreiger will also use the issue as her platform in the Miss America pageant, to further create awareness.

“I always wanted to be Miss America. I think a lot of kids had that goal and aspiration.”
- Allison Kreiger

The Miss America Organization is one of the nation’s leading achievement programs and the world’s largest provider of scholarship assistance for young women. In fact, the organization and its state and local affiliates have made more than $45 million in cash and scholarship assistance available to contestants across the nation.

The 2007 Miss America pageant will be broadcast live on Monday, January 29 on Country Music Television (CMT).
Miss South Dakota - Callee Bauman

Royal Dreams
South Dakota State senior Callee Bauman entered the pageant world at age 17, competing for the title of Miss South Dakota for four years. In 2006, her wish finally came true.

Now, as Miss SD, she is looking forward to the Miss America pageant. “I have been working toward this once-in-a-lifetime opportunity all my life,” she explained. “It is exciting that it is so close. I can’t wait to see where all my preliminary work and four years of training will take me!”

Environmental Buff
The 21-year-old speech communications major is passionate about the environment. With the platform, “America: Pump Ethanol,” she hopes to promote innovation by way of renewable fuels, specifically ethanol, a more environmentally-friendly fuel choice made from natural ingredients including corn.

Bauman wants to make a change with individuals, starting by helping society to make smart decisions at the pump. She speaks to service clubs and in classrooms about the benefits of ethanol, focusing on four main issues: ethanol is renewable; it is good for the environment; it boosts the economy and it decreases our dependency on foreign oil.

One of the audiences Bauman is connecting with is America’s youth. “I have created renewable fuels curriculum for K-12,” she explained of her numerous youth programs, which include a children’s book and a program called “pump-a-teers,” all with the goal of developing a lifelong habit of pumping ethanol.

Despite being busy with her ethanol awareness programs and Miss South Dakota responsibilities, Bauman still finds time for the Sigma Lambda Sigma chapter of Mortar Board. She has encouraged her chapter to sponsor a renewable fuels forum on the SDSU campus, and is looking forward to supporting the national Reading is Leading initiative by reading to elementary students.

Kansas State members receive renowned awards
In the past two academic years, three members of the XIX chapter of Mortar Board at Kansas State University have been the recipients of distinguished national awards.

Two chapter members from the 2005-2006 academic year, Patrice Holderbach and Kourtney Bettinger, and 2004-2005 member and current section coordinator for Section 18 Victoria Luhrs, received renowned scholarships for graduate study.

Holderbach was named a 2006 Marshall Scholar, and will study at Oxford in the area of development studies. Marshall Scholarships finance young Americans of high ability to study for a degree in the United Kingdom. These two-year scholarships provide full financing for students, valued at approximately $70,000. As an undergraduate, Holderbach was a print journalism and international studies major with minors in leadership studies and American ethnic studies. In addition to Mortar Board, she was a member of Phi Kappa Phi and Amnesty International, and has been recognized numerous times for her outstanding scholarship, leadership and service.

Luhrs, a 2005 graduate, and Bettinger, a 2006 graduate, were Kansas State’s 28th and 29th recipients, respectively, of the Harry S. Truman scholarship. Truman Scholars are selected primarily on the basis of leadership potential and communication skills; intellectual strength and analytical ability; and likelihood of “making a difference” in public service. The award can be used for graduate study, and is valued at $30,000.

Luhrs studied secondary education as an undergraduate, and was a member of Alpha Chi Omega sorority, the Kansas State Student Alumni Board and Phi Kappa Phi honor society. Luhrs held leadership positions in each of these organizations, in addition to her position of president of the XIX chapter of Mortar Board, which received the Ruth Weimer Mount Chapter Excellence Award the year she was initiated.

Bettinger’s undergraduate pre-med Spanish program with secondary majors in Latin American Studies and International Studies has led her to a career goal of working with global health and health policy. She has joined the Peace Corps, and, upon return, she will pursue a joint M.D./MPH degree with an emphasis on health policy administration.
Spiraling into debt: the rising price of a diploma

According to the Center for Economic and Policy Research, approximately two-thirds of undergraduate students take out loans to pay for college. One in ten of those students has loans of $35,000 or more, putting twentysomethings everywhere in a vicious cycle of debt that can delay life plans such as having children or buying a house.

On the rise

The cost of a degree swells significantly each year, fueled by factors such as inflation, decreasing government funding and increasing university operation costs. In the last decade alone, the average annual cost to attend a four-year public institution (including tuition and other costs) has jumped nearly 75 percent.

In recent years, the rate of increase continues to grow, although it does so more gradually. According to the College Board’s annual “Trends in College Pricing,” the average annual tuition cost at a four-year public institution is $5,836 for the 2006-07 academic year, up 6.3 percent from last year.

When combined with room and board, the average total cost increases to $12,796 annually. At a private school, the annual tuition estimate is up 5.9 percent to $22,218, making the year’s entire costs exceed $30,000.

This all adds up to a minimum of a $50,000 investment to graduate from a four-year public institution and more than $121,000 at a private university. Given that the U.S. Census Bureau reported the average income for a family was $46,326 in 2005, many students and their parents see money as a major obstacle to getting a degree.

Left in the dark

A startling report released by the Advisory Committee on Student Financial Assistance declares that the relationship between these climbing costs and income levels can prevent many students from going to college. According to the report, between 1.4 million and 2.4 million bachelor’s degrees will be lost this decade due to financial concerns.

Those who do attend college often have no choice but to take out loans. Unfortunately, beneficial federal loans with capped interest rates lag behind the current need. These loans have an inadequate limit of $23,000 borrowed for an undergraduate career, substantially less than the cost of a four-year education. Students who require financial assistance beyond what the federal government can provide often need to go through private loan companies, where they incur the risk of steadily growing interest rates, possibly forcing them into a life sentence of debt.

One of the most common government grants for college students, the Pell Grant, is frequently used as an example for the failure of federal funding to keep pace with rising college costs. While tuition costs were rising more than 200 percent from 1982-2002, the maximum Pell Grant awards only rose 120 percent, leaving a large gap for students to try to fill.

Not only is the amount not keeping pace with college costs, but the average award is getting smaller. For the 2005-2006 academic year, the average Pell Grant award amount per student decreased by $120 from the previous year’s average award.

In a recent visit to The Ohio State University, U.S. Secretary of Education Margaret Spellings agreed that cost is a problem, stating, “We know higher education is the key to our children’s future and the American dream, yet it is becoming more unaffordable and less attainable. We must provide more opportunities for more Americans.”
Filling the Gap

With the exponentially higher cost of attending graduate or professional school far surpassing that of pursuing a bachelor’s degree, the need to gain financial support increases as students attempt to invest in their future.

It has become essential for students to find interest-free methods to piece together the funds to pay for their education, such as assistantships, part-time jobs, fellowships or grants. Combined, these may be able to offset a large majority of the costs involved, leading to less loan burden. In fact, billions of scholarship dollars are awarded annually from private organizations, corporations, non-profits and more. Unfortunately, many students are unaware of these and are not spending the time to seek out a variety of resources for aid.

Since 1941, the Mortar Board National Foundation has awarded fellowships in excess of $500,000 to members and alumni who are continuing their education in any graduate or professional program. This year, the foundation awarded $28,000 to 12 members in a variety of post-graduate programs. These fellowships can often mean the difference in a student being able to attend a school of their choice versus having to compromise with a more affordable program.

The responsibility to support our nation’s future leaders falls on a number of people, with few quick solutions. The simplest way to help now is for individual citizens to donate to organizations that provide scholarships, grants or fellowships to students, because every little bit counts.

Mortar Board National Foundation:
Investing in leaders for more than 50 years

The general fund of the Mortar Board National Foundation supports a variety of collegiate and alumni chapter needs, continuing to accomplish the goals set forth at its founding in 1955. These goals include providing fellowships to Mortar Board alumni pursuing graduate and professional degrees; granting funds to active chapters for special projects that will enhance their contributions to their campus and community and raising funds to support Mortar Board programs.

If you are interested in supporting, please contact the National Office by visiting www.mortarboard.org, calling 1-800-989-6266 or filling out the donation form in this magazine. With your help, Mortar Board hopes to continue making a difference in the lives of our students by allowing them to carry forth the ideals of Mortar Board with a graduate education.

The Mortar Board National Foundation funds have grown significantly over the years — from a few dollars to almost a million — all because of the many gifts, large and small, that keep on giving.

Furthering your education?
Mortar Board can help

If you are thinking about applying for a graduate program and you are a current Mortar Board member or alumnus, please visit our Web site at www.mortarboard.org to read more about the fellowships and download an application. This year’s application deadline is January 31, 2007 for students wishing to enroll in graduate programs for fall of 2007.

YES! I wish to contribute to the Mortar Board National Foundation!
Here is my gift to continue the tradition of Mortar Board.

Name:
I wish to make a gift of: □ $500 □ $50 □ Other $ __________

My gift is to support (choose one of the following):
□ the greatest need within Mortar Board
□ Mortar Board Fellowships
□ Mortar Board collegiate chapter community service through Chapter Project Grants
□ leadership initiatives through funding of national conference programs and awards

Method of payment
□ Check (Please make all checks payable to Mortar Board National Foundation or MBNF)
□ Credit Card*
□ VISA □ Mastercard □ American Express □ Discover

Account number: _____________________________
Expiration date (Month/Year): __________

In memory of: ________________________________
In honor of: _________________________________

WAIT! Don’t forget to take a moment and tell Mortar Board about yourself! On a separate sheet of paper, let us know what you do for a living, what you do for fun and any other information that might help us get reacquainted.

Donations may be also be made by phone at 1-800-989-6266
*Minimum charge of $25 for credit cards
Mortar Board awards $28,000 in fellowships

Since its establishment in 1941, Mortar Board’s fellowship program has awarded more than $500,000 to assist members in pursuing further study in graduate or professional school.

This year, fellowships ranging in value from $1,500 to $5,000 were distributed to a dozen commendable students.

**Jessica McHugh**
Fellowship: Mary Elizabeth Ramier Fellowship ($2,000)
Undergraduate: University of San Diego
Post-Graduate: Boston University School of Medicine

**Katherina Nikzad**
Fellowship: Katherine Wills Coleman Fellowship ($2,000)
Undergraduate: Otterbein College
Post-Graduate: Graduate Center for Gerontology at the University of Kentucky

**Daniel Silbiger**
Fellowship: Ellen North Dunlap Fellowship ($2,000)
Undergraduate: Case Western Reserve University
Post-Graduate: Ohio University College of Osteopathic Medicine

**Sejal Amin**
Fellowship: Ruth Pierle Trosset Fellowship ($2,000)
Undergraduate: University of South Alabama
Post-Graduate: University of South Alabama School of Medicine

**Namrita Singh**
Fellowship: Rosemary Ginn Fellowship ($2,000)
Undergraduate: Colorado College
Post-Graduate: University of Oxford Refugee Studies Centre

**Carly Duvall**
Fellowship: Washington State University Mortar Board classes of 1945-1950 Fellowship ($1,500)
Undergraduate: University of Nebraska - Lincoln
Post-Graduate: University of Missouri - Columbia School of Law

**Amelia Boone**
Fellowship: Zelma Patchin Fellowship ($1,500)
Undergraduate: Washington University
Post-Graduate: University of Washington Law School
Anatomy of a Career Path

By Daria Snadowsky (Emory University, 1999)

When asked what I wanted to be when I grew up, I never had an honest answer. It was kinda scary—everyone else seemed to have something they were really passionate about, while all that ever really interested me was watching my favorite movies and TV shows and listening to music.

In order to compensate for my lack of direction, I threw myself into my studies. I reasoned that since I had to be in school eight hours a day anyway, I might as well pay attention in class. Yet I always looked in awe at my fellow classmates who chose to channel their energies to other ambitions, be it art, sports or community service.

By college, I was still no closer to gravitating toward a genuine “interest,” but in my spare time I wrote for the school newspaper and interned for various magazines. It’s not so much that I enjoyed journalism, but as extracurriculars go, it was convenient time-wise. Squeezing in an article here and there between studying and writing papers was very doable, and receiving feedback from readers was very gratifying—I loved the feeling of “connecting” with people I’d never met before but who were nonetheless affected by my written words. And even if I wasn’t fervently interested in anything, at least I could write about interesting people who were doing interesting things. I thought I may have found a potential career…but I wasn’t terribly excited about it.

My apathy towards any future vocation was most poignantly highlighted by my initiation into Mortar Board senior year. All the new members were summoned to the University President’s house for the ceremony, and we were each required to invite one professor who inspired us. While everyone else brought professors in fields which the students themselves wished to pursue, such as chemistry, computer science or law, I invited my professor who taught, ironically, “History of Professions,” a class I had taken in the hopes of helping me choose a career path. And while everyone else extolled their professors’ influence on their lives, all I could think of was how my professor, though a fantastic teacher, in fact left me more confused than ever about my future.

So fast-forward a few years. I was suddenly out of work with several months of unemployment checks pending. Consequently, I had massive quantities of free time for my mind to wander. Having recently emerged rather scathed from my umpteenth relationship, I inevitably ended up thinking a lot about love—how it can make you feel on top of the world at one moment, and in the depths of despair the next, or how it can feel so right when it’s so wrong, and so wrong when it’s so right. I was thinking that even though love had been written about millions of times over the centuries, it’s a subject that never gets old because there’s always a new generation of young people experiencing it for the first time. I was thinking that although school introduced me to some of the most celebrated works of literature, on the whole it was the contemporary slang-filled young adult novels I read as a teenager that truly resonated with me. Soon, I realized I wanted to connect with readers on a more emotional, visceral level than I ever did as a journalist, and I suspected I might have something to contribute to the world of teen “chick lit.” Then one day, after posting a dozen or so more résumés on monster.com, I opened a new Word document and started writing down some dialogue that had been going through my head. Fast-forward again another year and a half. I had finished a bona fide first draft. I had also exhausted my bank account and moved in with my family, so I decided to do the “responsible” thing and go back to school. Fifteen months, countless rejections, one agent, countless more rejections, and two major rewrites later, I had an offer… and a lousy GPA. I finally became one of those students who had more “interesting” things to do than homework! (And I have to say, it felt so sinfully fabulous sitting in class editing a love scene on my laptop when I was supposed to be taking notes on Civil Procedure!)

In sum, my novel “Anatomy of a Boyfriend” is the product of a long, circuitous personal and professional path marked by numerous mistakes, failures and dead ends (oh, and did I mention countless rejections?) But I learned a lot along the way. Indeed, if I ever were to attend another Mortar Board function where we were asked to bring someone who inspired us, I would show up solo and claim that while many people have influenced me, my most inspirational teachers have been experience, trial and error, and time.

“Anatomy of a Boyfriend”
To be released Jan. 9, 2007 by Delacorte Press

“Anatomy of a Boyfriend,” Daria Snadowsky’s first novel, tells the story of 17-year-old Dominique Baylor, who finds herself utterly transformed by her first real love. Dom has always been goal-oriented, rational and confident, but within days of meeting Wes, a cute track star senior from a neighboring high school, she finds herself thinking of nothing but him, over-analyzing every little thing he says and does, and questioning her own self worth—he even becomes more important to Dom than her dreams of med school ever were. They experience a lot of “firsts” together that spring…but then comes the fall. For ages 14 and up.

Anatomy of a Boyfriend
By Daria Snadowsky
First published in book form by Delacorte Press

A novel by
Daria Snadowsky

Fall 2006
Mortar Board Forum 13
Glamour girls

For 49 years, *Glamour* magazine has been recognizing young female leaders in their “Top Ten College Women” competition, and this year, Mortar Board members were among those acknowledged.

The “Top Ten,” along with two honorable mention recipients, are some of the greatest leaders in the U.S., honored for demonstrating community involvement, campus leadership, academic excellence and unique personal goals.

“We look to honor ten women who are making a difference in their communities, both on campus and in the world as a whole,” Erin Zammett Ruddy, articles editor for *Glamour* explained. “This group had a big impact on the world. [The award] isn’t just about being smart and getting good grades, it is about having some leadership qualities and involvement in their communities, and striving to achieve big, big goals.”

Big, big goals are exactly what these three young Mortar Board women have in mind. Liz Healy, a senior at Southern Methodist University, hopes to make the world a better place with her dream job as president of the American Red Cross. University of Texas at Austin senior Christine Nguyen hopes to put sex trafficking in Vietnam to an end. Honorable mention recipient Lilia Toson campaigns for diversity programs and minority rights on the campus of William Jewell College. Each of these amazing women is truly making a difference.

When asked about the group, Ruddy said the women are incredible and inspiring. “I think they are one of the most impressive groups of women we have had. It is nice to see that there are women coming up the ranks to being so inspiring and doing so much good for other people. It gives you a sense that the world is in good hands.”

The most amazing thing about these women is not only what wonderful things they’ve achieved, but also how humble and generous they are. Each, although they have done things many college students haven’t dreamt of, likes to think of herself as a normal college student.

**Lilia Toson**

Toson, a senior political science major at William Jewell College, was named an honorable mention recipient of the award. On campus, she is actively involved in debate, politics and diversity associations.

As president of UNITY Student Diversity Association and a member of the diversity committee, Toson diligently works toward the best interests of minorities on campus. Her university has honored her for her amazing leadership qualities, naming her Emerging Leader of the Year.

**Liz Healy**

Healy, now a 21-year-old advertising major, came to Southern Methodist University knowing she wanted to get involved, but she wasn’t sure how to start. “I didn’t know what area would be the best fit for me,” she explained. “In my first semester, I joined many different student organizations and at the end of the year, I evaluated where I could make the biggest difference and leave a legacy at SMU.”

Her choice to stay involved with the university’s student government has been the right arena for that legacy. She was the first female junior student body president SMU has ever had.

While serving as SMU’s student body president, Healy stayed busy reviving safety programs, encouraging the use of green energy and creating scholarships. Her defining moment, though, was when she led a Hurricane Katrina relief campaign and was able to present a $50,524 check to support the victims.

**Christine Nguyen**

When she was 19, Nguyen volunteered to work with orphaned children in her mother’s homeland of Vietnam, serving as a mentor to young girls who had been victims of sex trafficking. Seeing young girls that remained hopeful despite their horrifying past inspired Nguyen.

She returned to her hometown of Houston and quickly set out to get funding from grants and corporate donors. Nearly $30,000 was raised to help Nguyen develop The Southeast Asian Children’s Coalition, an organization that has since provided funds that built a library, created scholarships so young children could attend school and established a computer lab to build English and technology skills.
Mortar Board’s newest chapter installed

The 222nd chapter of Mortar Board to be installed was recently established at Washburn University in Topeka, Kansas.

Last fall, a local group organized to petition MortarBoard for affiliation. The chapter name selected for the group was “Ichabod,” recognizing the university’s unique mascot and namesake, Ichabod Washburn. The group worked diligently to obtain all the necessary recognitions and execute service projects following the ideals of scholarship, leadership and service.

After a national visit from Executive Director Diane Selby (Ohio State University, 1961) in late March, the chapter’s hard work and dedication culminated with an installation ceremony in April. The Ichabod chapter’s installation was presided over by National President Bill Niederer (Indiana State University, 1983) with assistance from Dr. Denise Ottinger (Bowling Green State University, 1974), the chapter’s advisor and university vice president for student life.

The founding membership class and 2006-2007 class were both initiated into Mortar Board, along with two honorary members: Washburn University President Dr. Jerry Farley and dean of the honors program Dr. Donna Lalonde. Lalonde also serves with Ottinger as a chapter advisor.

Photos courtesy of Peggy Clark, Washburn University photographer.
Baylor University
The Laurel chapter at Baylor University celebrated International Students’ Day by hosting an event complete with free food, drinks and games for Mortar Board members and international students. More than 30 international students were able to bowl, play pool and interact with chapter members in this fun, successful event.

The University of Central Oklahoma
The University of Central Oklahoma’s Bronze Key chapter is working hard alongside the Reading is Leading initiative to promote literacy with the goal of raising 300 books through a variety of events. These books will be used at a holiday party held in conjunction with the UCO President’s Club. Less fortunate children are invited to attend and will receive backpacks, clothes, toys and new books.

The University of Mary Washington
The University of Mary Washington’s Cap & Gown chapter is busy this fall with numerous projects: a blood drive with the Red Cross; a Thanksgiving food drive in conjunction with the school’s entertainment club; adopting a street and a holiday gift-giving drive in December.

Emory University
Emory University’s chapter recently presented Benjamin S. Carson Honors Preparatory School with $7,000 worth of books collected during the chapter’s annual book drive, held last April. The chapter’s generous donation helps this Atlanta public school with their “25 Books” reading campaign.

The University of Kentucky
The University of Kentucky’s student development council honored the 2005-2006 members of the Staff & Crown chapter for their commitment to service at U.K. The chapter’s name has been added to a plaque that hangs in the student center throughout the year to honor them for their time and devotion to the campus and Lexington community.

Oklahoma Baptist University
Despite the fact that nearly 25 percent of their members are writing senior honors theses, the Zeta Chi chapter at Oklahoma Baptist University still has time to dedicate to service projects, such as their “Trick-or-Treat for books” program that helps provide books for children in need.

University of Pittsburgh
The Alpha Lambda Nu chapter has announced Adopt-a-Block as its ongoing project for the 2006-2007 academic year, in honor of Pittsburgh’s beloved late mayor, Bob O’Connor. The first Saturday of each month, chapter members will work to maintain the streets and beautify the neighborhood of Oakland, home to the University of Pittsburgh. Members plan to pick up litter, remove graffiti and plant flowers on Juliet Street.

Kansas State University
Members at the XIX chapter at Kansas State have a full calendar for the fall semester with both chapter traditions and innovative service programs. The chapter has already held alumni tailgates, assisted at the prestigious Landon Lecture Series, hosted the president’s box at home football games and held a Library Gala complete with models of vintage attire. They will continue to support the Reading is Leading initiative by partnering with a local elementary school. The chapter is also planning a Self-Advocacy Workshop, fundraisers, finals week “study breaks” for K-State students and sponsorship of a family in need through the Flint Hills Breadbasket.

San Diego State University
The Cap & Gown chapter at San Diego State University is off to a great start with sales from its 15th annual student planner at an all-time high of $16,000 with expected growth. The chapter’s 21st Annual Emeritus Administrator, Faculty and Staff Outstanding Service Awards Ceremony and Brunch was held on November 4 to honor Kathie Houck Ross, a former member of the Mortar Board National Foundation and Penny Wright, emeritus professor of management and associate dean of the graduate division. Award recipients are memorialized through the placement of a bronze plaque at the base of a campus tree. Additionally, the chapter’s Faculty and Staff Appreciation Dinner honored significant contributors to the education and academic achievement of the Cap & Gown chapter members.
The Ohio State University

The Ohio State University’s Mabel G. Freeman chapter was recently spotlighted by ESPN for their attempt to break the world record for the largest pillow fight. Although attempts fell short of the record, 1,760 enthusiastic students enjoyed a break from the first day of classes at the fight. The chapter was able to raise money and awareness for the Pancreatic Cancer Action Network.

William Jewell College

In the spirit of continued community service, the Panaegis Chapter at William Jewell College has teamed up with Students in Free Enterprise (SIFE) to create a new and dynamic program called ChessMates. Once a week, members of both groups will meet with fourth and fifth grade students to play chess, and through the generosity of a grant, participating students will receive their own chess sets. The goal of ChessMates is to offer a mentoring system in which college students provide a positive and challenging environment for elementary students. Through regular meetings, not only will new relationships be established, but young students will be able to relate the valuable skills of logic, strategy, and patience learned through chess to situations they encounter in their lives.

Mr. Dee Rosekrans, director of community development for Liberty Public Schools, partner in the ChessMates program, and keynote speaker for Panaegis Chapter initiation, leads new members into their initiation ceremony.

On Campus

College volunteerism increases nationwide

Mortar Board contributes more than 30,000 hours of service

College students across the nation are getting a pat on the back for the results of a recent study.

According to the Corporation for National & Community Service, between 2002 and 2005, the number of college students volunteering has rapidly grown more than 20 percent, a sharp jump from 2.7 million to 3.3 million.

Overall, roughly 30 percent of college students are volunteering, with nearly half doing it on a regular basis. Tutoring, teaching and mentoring topped the list of service activities, followed by fundraising and hunger relief efforts.

Last year, chapter annual reports showed that 5,988 collegiate Mortar Board members contributed nearly 30,000 hours of service to their communities. This is a 36 percent increase from the 2004-2005 academic year, when members contributed approximately of 19,000 hours.

Members dedicated the greatest number of hours to Reading is Leading projects, followed by participation in national cancer research benefits and Hurricane Katrina relief.

It is no surprise that Mortar Board is an organization devoting so much time to service, as active participation in community service fulfills the mission statement and exemplifies the ideals.

“This rise in college student volunteering and the growing campus support for service are hopeful signs for the future of civic involvement in America,” Steve Goldsmith, the chairman of the board of the Corporation explained. “Higher education is a powerful engine of civic engagement and we are committed to working with university and student organizations and the larger nonprofit sector to nurture this growing civic generation.”

The Corporation for National & Community Service hopes to increase the number of college students volunteering each year to five million by 2010. For more information on the Corporation, visit www.nationalservice.gov.

Thank you!

The Mortar Board National Council and Mortar Board National Foundation would like to give a special thanks to the 2006 national conference sponsors for their support:

- Accelerator Vanderbilt Summer Business Institute
- Answer Financial
- Blossom Express Flowers
- The Coca-Cola Company
- Chipotle
- Gail Harrison Corvette Leadership Endowment
- International Partnership for Service-Learning
- Litwack Travel Services
- Marriott North Hotel
- MBNA Credit Cards
- Mortar Board National Foundation Leadership Fund
- Teach for America
- Verizon Wireless
Exceptional chapters honored at conference

Congratulations to all the award recipients for the 2005-2006 academic year:

**Ruth Weiner Mount Award**  
University of San Diego

**Most Improved Chapter**  
William Jewell College

**Golden Torch Award**  
Carnegie Mellon University  
University of Cincinnati  
Colorado College  
University of Delaware  
University of Denver  
University of Hawaii  
Hope College  
Kent State University  
University of Nebraska - Kearney  
University of Nebraska - Lincoln  
Northern Arizona University  
University of Northern Colorado  
Oklahoma State University  
University of Puget Sound  
University of San Diego  
San Diego State University  
University of South Alabama  
William Jewell College  
University of Wyoming

**Silver Torch Award**  
University of Arkansas  
Auburn University  
Bucknell University  
University of California - Los Angeles  
Carleton College  
Carson-Newman College  
College of William and Mary  
Colorado State University  
Eastern Illinois University  
Embry-Riddle Aeronautical University  
University of Florida  
Fort Hays State University  
Grinnell College  
Hanover College  
Indiana State University  
Indiana University  
Indiana University of Pennsylvania  
Kansas State University  
Knox College  
Longwood University  
University of Michigan  
Michigan State University  
University of Minnesota  
Mississippi State University  
University of New Mexico  
University of North Dakota  
Northern Illinois University  
Northern Michigan University  
Ohio Northern University  
Ohio University  
Oklahoma Baptist University  
University of Oregon  
Penn State University  
Purdue University  
University of Redlands  
University of Richmond  
Troy University  
Utah State University  
Washington State University  
University of Wisconsin - Eau Claire

**Project Excellence Awards**  
Carson-Newman College  
Clemson University  
University of Colorado - Boulder  
Colorado College  
University of Hawaii Manoa  
Hope College  
Kent State University  
Longwood University  
University of Michigan  
University of Minnesota  
University of Nebraska - Kearney  
University of Nebraska - Lincoln  
University of North Dakota  
Northern Arizona University  
University of Northern Colorado  
Ohio Northern University  
University of Puget Sound  
Purdue University  
University of Richmond  
San Diego State University  
Seattle Pacific University  
University of South Alabama  
University of South Florida  
Utah State University  
University of Wyoming  
William Jewell College

**Excellence in Advising Award**  
Julie Smith, State University of New York at Buffalo  
Dr. Charles Koeber, Wichita State University  
Dr. Greg Patton, University of North Dakota  
Mary Sallee, William Jewell College

**Web site Awards**  
Best Web site  
University of Minnesota  
Purdue University  
Best use of animated graphics  
University of California - Berkeley  
Best member page  
University of Michigan

The Mortar Board National Foundation awards Chapter Project Grants to deserving chapters twice annually. Each year, the deadlines to apply are Nov. 1 and June 1. At the conference, the following chapters were awarded $100 grants:

- Kansas State University  
- Lyon College  
- University of Minnesota  
- University of South Florida  
- University of Texas - El Paso

Delegates from 2006 Golden Torch Award chapters

Delegates from 2006 Silver Torch Award chapters
Mortar Board merchandise makes great gifts
Mortar Board merchandise can make a wonderful holiday gift for a friend or loved one, and can be shown as a piece of appreciation for chapter officers or advisors. Check out all the amazing merchandise Mortar Board has to offer at www.mortarboard.org.

Embroidered navy sweatshirt
80% cotton, 20% polyester, navy with embroidery in white, gold and green; Sizes: S, M, L, XL
$40

Gray sweatshirt
88% cotton, 12% polyester; crew neck; black and red logo on gray shirt
Size: XL
$30 Now only $18!

Embroidered navy t-shirt
100% cotton; navy with embroidered green and white logo
Sizes: S, M, L, XL
$15

Classic tee
50% cotton, 50% polyester shirt with Mortar Board logo on front
Colors: Gray, Stonewash Blue
Sizes: S, M, L, XL
$11

Baseball-style t-shirt
100% cotton; black with white screen-print logo across chest
Sizes: S, M, L, XL
$12

Graduation regalia honors members
Get an exclusive price of just $12 each on graduation cords and medallions when you order as a chapter by Dec. 31.

Medallion
$15

Cords
Available in single-strand or intertwined gold and silver
$15

Stole
$20

Clearance Polo Shirt
Forest green pique cotton polo shirt with cream, navy and maroon embroidered logo
Size: XL
$30 Now only $18!

Order Now!
Call the Mortar Board National Office at 1-800-989-6266 to order your merchandise now. Don’t forget to browse the merchandise section at www.mortarboard.org for other great items including jewelry and furniture!

Prices do not include sales tax (for Ohio residents only) or shipping and handling charges.
Make a lasting impression with Mortar Board graduation regalia.

www.mortarboard.org